

2-HOUR
WEBINAR

SAT, 30 MAY 2026
3PM – 5PM AEST

This webinar is offered
by dana.



SABINA RABOLD

Psychotherapy | Clinical Supervision
Dharma Conversations

The Dharma in the Meta-Crisis

AN INVITATION TO REFLECT AND DIALOGUE

Is personal
awakening enough –
or does compassion
demand more?

What is
conscientious
compassion in times
of crisis?

What does a world in
crisis ask of dharma
teachers – and those
they guide?

Can the Buddhist
sangha be a model
for sustainable
living?

Walking in the footsteps of the Buddha, we students of the dharma have learned much about remaining calm and centred, crisis or not, and have diligently cultivated within ourselves the many wholesome and heartfelt qualities the Buddha embodied.

*But if even one person on the boat remained calm and centred, it was enough.
It showed the way for everyone to survive.*

– THICH NHAT HANH –

Contemporary dharma teachers offer a myriad of ways to support the path towards personal awakening. However, the questions growing louder in dharma communities around the world ask how we as dharma teachers and practitioners engage purposefully with the meta-crisis of this time.

This webinar is an invitation to explore these questions together.

This 2-hour webinar is specifically offered to those teaching the dharma, as well as Buddhism informed meditation teachers, mindfulness teachers and those preparing to teach. The talk is offered in the spirit of compassionate dialogue that serves as an invitation to reflect on one's own way to engage with a world in unprecedented suffering and disintegrations of life sustaining systems, especially in relation to teaching the dharma at this time. Its aim is to share insights, offer inspirations, invite contemplation and encourage dialogue.



Sabina Rabold is a psychotherapist, clinical supervisor, Buddhism-inspired teacher, and academic teacher in higher education. She is a graduate of the IMI Dharma Teacher Program and has served as a meditation mentor in IMI's Mindfulness and Compassion Teacher Training.

Sabina's doctoral studies (PhD) ask: 'What can the wisdom traditions of Buddhism and Psychotherapy contribute to Earth Peace?' – and this webinar will offer contemplations and insights drawn from her in-depth research to date. Sabina is currently dividing her time between Australia and Europe, learning much about the realities of living in proximity to war, the rawness of transgenerational trauma, the comfort of a worldwide sangha, and the preciousness of the Dharma in times of severe crisis. [sabinarabold.com](https://www.sabinarabold.com)

To register for this webinar please go to <https://events.humanitix.com/dharma-in-the-meta-crisis>